

# Troy Church of Christ

## Sunday Worship

### **Bible classes:**

10:00 a.m. - 10:45 a.m.

### **Worship Service:**

11:00 a.m. - 12:00 noon

### **Tuesday Bible Study**

6:30 p.m. - at the  
building.

### **Meeting Place**

185 Main Ave.  
Wynantskill, NY 12198

### **Church Phone**

(518) 833-0208

### **Mailing Address**

Troy Church of Christ  
185 Main Avenue  
Box 14  
Wynantskill, NY 12198

### **Church Email**

[troychurch@gmail.com](mailto:troychurch@gmail.com)

### **Church Website:**

[www.troychurch.org](http://www.troychurch.org)

### **Facebook Page**

[www.facebook.com/  
troychurchofchrist](http://www.facebook.com/troychurchofchrist)

### **In essential beliefs — we have unity.**

“There is one body and one Spirit—just as you were called to one hope when you were called— one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.”

Ephesians 4:4-6 (NIV)

### **In non-essential beliefs — we have liberty.**

“Accept him whose faith is weak, without passing judgment on disputable matters. Who are you to judge someone else’s servant? To his own master he stands or falls...So then each of us will give an account of himself to God...So whatever you believe about these things keep between yourself and God.”

Romans 14:1, 4, 12, 22 (NIV)

### **In all our beliefs — we show charity.**

“If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing.”

1st Corinthians 13:2 (NIV)



# Family News

Troy church of Christ  
February 5th, 2017

## ***The Lost Art Of Meditation***



In our fast-paced society, the art of [meditation](#) is quickly becoming a lost art. True biblical meditation focuses on the things of the Lord, and its purpose is to renew our minds ([Romans 12:1-2](#)) so that we think and act more like Christ ([Romans 8:28-29](#); cf. [2 Corinthians 3:18](#); [Gal. 2:20](#); [1 Peter 2:19-22](#); [1 John 2:6](#)).

Its objective is to reflect on what God has said, done ([Psalm 77:12](#); [Psalm 119:15-16, 97](#)), and on His characteristics ([Psalm 48:9-14](#)).

In essence, we are to “set” our minds on spiritual things [“things above”] rather than things on the earth ([Colossians 3:1-3,10](#); cf. [Ephesians 4:23-24](#)).

Meditating on God’s word causes us to fill our mind with Scripture, focusing on the Lord’s commands, promises, and goodness.

In ([Psalm 19:14](#)), David wrote, “Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my Redeemer.”

Meditating on other Psalms, causes us to reflect on God’s lovingkindness ([Psalm 48:9](#)), His deeds ([Psalm 77:12](#)), His law ([Psalm 119:97](#)), and His testimonies ([Psalm 119:99](#)).

As the apostle Paul so aptly stated, “Whatever is true, noble, just, pure, lovely, and of good report, if there is any virtue and if there is anything praiseworthy — meditate on these things” ([Philippians 4:8](#)).

How often do we need to meditate on God’s word? “Day and night” ([Psalm 1:1-2](#); cf. [Joshua 1:8](#)).

*Mike Riley – Braggs Church of Christ OK*



## Prayers & Thanksgiving

**Diane** – Having problems with thyroid. Will have tests the 26<sup>th</sup> of this month.

**Hannah Baldwin** – Prayers for her travels and as she begins her new life in Monterey, CA.

**Charlotte** (Erin's ex-mother-in-law) - Recently found out she has cancer and would like our prayers.

**Crystal** (Diane's friend) – In need of prayers.

**Markovitch family** – The family is finally all together in Rio where they will begin to get established in Brazil. Ellie is hopeful of a church and the girls will begin school next month. Dmitri has started his teaching position at the university. Thankful for our prayers.

**Bob** – Having problems with back.

**Mary** – Looking to get back into job market.

**Tia's father** – Doing well after fall and is back at the Teresian House.

**Ann Scheiding** – Ann has not been feeling well lately. She remains at the Van Rensselaer Manor, in room 110.

**Kykliak family** – Praying for the family to reunite with their daughters.

**Dawn's friend** – Recently had kidney transplant, with good results, and praying he continues to improve.

**Mary Jean** (Diane's friend) – Prayers for difficulties with raising her grandson.

**Sandy** (Erin's friend) – Needing prayers.

**Ann Terry** – Prayers for her health.

**Shavers** (Eleanor) – Prayers for her health.

**Nina** (Ellie's mother-in-law) – In poor health and suffering from diabetes.

**LuVilla** (Dennis's mother) – Has had congestive heart failure and having back pain. She is 93 yrs. old, residing at a nursing home in WI.

**Mark Driscoll** (Baldwin's neighbor) – His cancer has returned.

**Shawn Simmons** – Suffering from blood clots.

**Erin** (family friend) – Fell and hurt head and broke knee.

**Scott** (friend of Duane's in NJ) – Doing well after cancer surgery.

**Kim Rattigan** – Cancer

**Latremore family** (Dawn's co-worker) – Tumor on lung.

# WELCOME

## To Our VISITORS

*We are so happy to have you with us and hope you will come back and worship with us again soon!*

### February Birthdays

26th – Caroline Zimmerman

### February 5<sup>th</sup> – Potluck

There will be a potluck dinner, following services. Everyone is invited to attend.

### Serving in the Worship Assembly

Sermon – Jim Baldwin

Song Leading – Adam Lougee

Opening Prayer – Duane Cefalu

Announcements – Duane Cefalu

Scripture Reading – Wayne Perreault

Communion – Jim Baldwin

Offering – Adam Lougee

Closing Prayer – Dan Farrington

Adult Class – Adam Lougee

Children's Bible Time – Dan Farrington

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### Psalm 104:34

Man's glory is fading; God's glory is everlasting: creatures change, but with the Creator there is no variableness. And if mediation on the glories of creation be so sweet to the soul, what greater glory appears to the enlightened mind, when contemplating the great work of redemption!

There alone can a sinner perceive ground of confidence and joy in God. While he with pleasure upholds all, governs all, and rejoices in all his works, let our souls, touched by his grace, meditate on and praise him.

-Matthew Henry Commentary

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