

Weekly Services

Sunday	Bible Class	10:00am
	Worship	11:00am
Mid-Week Study	@ the Building	6:30pm

Happening Soon

Online Contribution – Troy C of C has set up an online contribution site, please see Duane for details

Do Unto Others...Closet
Saturday, February 27th
9:00 – 12:00 am @ the Building
Please note there will be new procedures in place.

Our endeavor to open the Do Unto Others...Closet has already made an impact on our community. Every month we have increased our numbers and met new folks from the community, that are in need. To continue though, we need to consider ways to restock our shelves. Donations are always welcome, and we appreciate all our members and visitors that are able to help.

Our people must learn to devote themselves to doing what is good, in order to provide to urgent needs and not live unproductive lives.
Titus 3:14



Welcome *February 7, 2021*

Today's Service:

Sermon: Keith Galyon
Songs: Duane Cefalu
Communion: Keith Galyon

Inspiration:

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 41:10

 troychurch.org |  troychurch@gmail.com |  troy church of christ

185 Main Avenue PO Box 14 | Wynantskill, NY 12198 | 518-833-0208



Dan Farrington is recovering at home, please continue to pray for his full recovery.

Lia Farrington, while she cares for Dan during his recovery.

The increased cases of Covid-19 and the vaccine roll out.

Mary Gilman, a friend of Lia Farrington's is undergoing cancer treatments

The continued growth of our Do Unto Others...Closet

Visit our website for a complete list of prayer requests.

 troychurch.org

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Ephesians 6:18

The Benefit of Light

During the last 14 years of my career, I worked in an office that had no windows. There were times when I would be very busy and work most of the day without venturing outside the building. Because I had no exposure to the outside, I had no clue as to what it was like outside. As we'd head out the door at quitting time and walked out into the sunshine, I would suddenly feel better. The grogginess of the day seemed to go away, and I felt a strange sensation of wellbeing. This little phenomenon is just one of the benefits of light. Science tells us that we receive many health benefits from natural light. Our bodies absorb Vitamin D which helps with bone loss and heart health. Sunlight also can ward off depression and improve sleep. Best of all this health benefit is free, all we have to do is go outside into the sunlight. With this in mind it's easy to see why God used the illustration of light so often in the bible. Is it any wonder why light was the first thing He made during the creation of the world? (Gen. 1:3) In John Chapter 1 Christ is described as the "Light". Jesus said, "I am the light of the world." (John 8:12) Without sunlight plants don't grow so it is easy to understand that if we're not exposed to the "Light" that is Jesus Christ we won't grow spiritually. So just as our bodies need exposure to sunlight to benefit our health our spirits need exposure to the True Light so to continue our relationship with our Heavenly Father.

Jay Launius 2020
Maud Church of Christ
Maud, Texas